



# GRG Support & Coffee Groups Nationwide

Note: Meetings are held during school terms - with public and school holidays excluded unless otherwise specified.

## Kaitaia & Kerikeri

**Contact:** Martha Taonui 022 050 7056 / [kaitaia@grg.org.nz](mailto:kaitaia@grg.org.nz)

**Meets:** First Friday of each month, 10:30am-12:00pm.

**Location:** Varies - please get in touch with Martha for confirmation of the next meeting.

## Whangarei

**Contact:** Lianne Nicholas 09 459 5910 / [whangarei@grg.org.nz](mailto:whangarei@grg.org.nz)

**Meets:** First Friday of each month, 10:00am-12:00pm.

**Location:** Anglican Care Centre, corner of Mill Road & Deveron Street, Whangarei.

## Waitakere

**Contact:** Esther Price 021 251 0690 / [waitakere@grg.org.nz](mailto:waitakere@grg.org.nz)

**Meets:** Third Thursday of each month, from 10:00am.

**Location:** Terence Kennedy House Hall, 267 Glengarry Road, Glen Eden, Auckland.

## Papakura, Pukekohe & Waiuku

**Contact:** Anne Doddrell 09 237 8161 / [pukekohe@grg.org.nz](mailto:pukekohe@grg.org.nz) or Shirley Afoa 021 129 4151 / [papakura@grg.org.nz](mailto:papakura@grg.org.nz)

**Meets:** Last Tuesday of each month, 10:00am-12:00pm.

**Location:** St. Andrews Church, 43 Queen Street, Pukekohe, Auckland.

## Te Puke & Papamoa

**Contact:** Rawinia McCredie 07 562 2850 / [tepuke@grg.org.nz](mailto:tepuke@grg.org.nz)

**Meets:** First Monday of each month from March to December from 10:30am.

**Location:** Empowerment NZ, 32 Jocelyn Street, Te Puke.

## Te Awamutu

**Contact:** Ruth Gilling 022 045 4475 / [teawamutu@grg.org.nz](mailto:teawamutu@grg.org.nz)

**Meets:** Second Monday of each month, 9:30am-11:30am.

**Location:** Varies - please get in touch with Ruth for confirmation of the next meeting.

## Turangi

**Contact:** Charmaine Timihou 027 645 2002 / [turangi@grg.org.nz](mailto:turangi@grg.org.nz)

**Meets:** Varies - please get in touch with Charmaine for confirmation of the next meeting.

**Location:** Varies - please get in touch with Charmaine for confirmation of the next meeting.

## Kaikohe

**Contact:** Moengaroa Floyed 09 401 3057 / [kaikohe@grg.org.nz](mailto:kaikohe@grg.org.nz)

**Meets:** Varies - please get in touch with Moe for confirmation of the next meeting.

**Location:** Varies - please get in touch with Moe for confirmation of the next meeting.

## Ruakaka

**Contact:** Tauser Kingi 09 432 8611 / [ruakaka@grg.org.nz](mailto:ruakaka@grg.org.nz)

**Meets:** Varies - please get in touch with Tauser for confirmation of the next meeting.

**Location:** Varies - please get in touch with Tauser for confirmation of the next meeting.

## New Lynn

**Contact:** Robyn Robertson 021 309 365 / [newlynn@grg.org.nz](mailto:newlynn@grg.org.nz)

**Meets:** Third Tuesday of each month, from 10:00am.

**Location:** House of Prayer, 9B Binsted Road, New Lynn, Auckland.

## Hamilton & Huntly

**Contact:** Pat Davis 07 855 0530 / [hamilton@grg.org.nz](mailto:hamilton@grg.org.nz)

**Meets:** Last Monday of each month, 10:00am-12:00pm.

**Location:** St. David's Hall, 160 Rifle Range Rd, Frankton, Hamilton.

## Opotiki

**Contact:** Sophie Wilson-Kahika 07 262 5136 / [opotiki@grg.org.nz](mailto:opotiki@grg.org.nz)

**Meets:** Varies - please get in touch with Sophie for confirmation of the next meeting.

**Location:** Varies - please get in touch with Sophie for confirmation of the next meeting.

## Te Kuiti

**Contact:** Kay Higgins 027 430 2939 / [tekuiti@grg.org.nz](mailto:tekuiti@grg.org.nz)

**Meets:** Third Wednesday of each month from 10:00am.

**Location:** Tiffany's Café, 241 Rora Street, Te Kuiti.

## Gisborne

Currently vacant. If you or someone you know would like to consider becoming the local Support Group Coordinator for Gisborne, please contact Merle Lambert at [merle@grg.org.nz](mailto:merle@grg.org.nz)

## Dargaville

**Contact:** Sandy Zimmer 09 439 4420 / [dargaville@grg.org.nz](mailto:dargaville@grg.org.nz)

**Meets:** Varies - please get in touch with Sandy for confirmation of the next meeting.

**Location:** Northern Wairoa Boating Club, Totara Street, Dargaville.

## East Auckland / Tamaki

**Contact:** Tess Gould-Thorpe 09 535 6903 / [tamaki@grg.org.nz](mailto:tamaki@grg.org.nz)

**Meets:** Varies - please get in touch with Tess for confirmation of the next meeting.

**Location:** Dunkirk Road Activity Centre, 50 Dunkirk Road, Panmure, Auckland.

## South Auckland

**Contact:** Virginia Peebles 09 277 7514 / [southauckland@grg.org.nz](mailto:southauckland@grg.org.nz)

**Meets:** Varies - please get in touch with Virginia for confirmation of the next meeting.

**Location:** Varies - please get in touch with Virginia for confirmation of the next meeting.

## Tauranga

Currently vacant. If you or someone you know would like to consider becoming the local Support Group Coordinator for Tauranga, please contact Merle Lambert at [merle@grg.org.nz](mailto:merle@grg.org.nz)

## Rotorua

**Contact:** Anne Donnell 021 309 365 / [rotorua@grg.org.nz](mailto:rotorua@grg.org.nz)

**Meets:** Third Monday of each month, 9:30am-12:00pm.

**Location:** Linton Park Community Centre, 16 Kamahi Place, Pukehangi, Rotorua.

## Taupo

**Contact:** Lesley-Anne Wells 07 377 3539 / [taupo@grg.org.nz](mailto:taupo@grg.org.nz)

**Meets:** Varies - please get in touch with Lesley-Anne for confirmation of the next meeting.

**Location:** Varies - please get in touch with Lesley-Anne for confirmation of the next meeting.

## Taumarunui

**Contact:** Jo Wickham 07 896 7515 / [taumarunui@grg.org.nz](mailto:taumarunui@grg.org.nz)

**Meets:** First Monday of each month, 10:00am-12:00pm.

**Location:** Taumarunui RSA, 10 Marae Street, Taumarunui.

### Taranaki

Currently vacant. If you or someone you know would like to consider becoming the local Support Group Coordinator for Taranaki, please contact Merle Lambert at [merle@grg.org.nz](mailto:merle@grg.org.nz)

### Whanganui

**Contact:** Jenny Morton 06 344 3656 or 027 443 7780 or [whanganui@grg.org.nz](mailto:whanganui@grg.org.nz)  
**Meets:** 3<sup>rd</sup> Saturday of the month  
**Location:** Varies - please get in touch with Jenny for confirmation of the next meeting.

### Levin

**Contact:** Ann Waddell 06 362 7269 / [levin@grg.org.nz](mailto:levin@grg.org.nz)  
**Meets:** Varies – please get in touch with Ann for confirmation of the next meeting.  
**Location:** Varies – please get in touch with Ann for confirmation of the next meeting.

### Hutt Valley

**Contact:** Serenah Nicholson 021 743 414/ [huttvalley@grg.org.nz](mailto:huttvalley@grg.org.nz)  
**Meets:** First Friday of each month, from 9:30am-11:30am.  
**Location:** Pomare Community House, 55 Farmer Crescent, Taita, Lower Hutt.

### Motueka

**Contact:** Rankeilor Arnott 03 528 5089 / [motueka@grg.org.nz](mailto:motueka@grg.org.nz)  
**Meets:** Second and fourth Tuesday of each month, 1:00pm-3:00pm.  
**Location:** St Andrews Church, 64 High Street, Motueka.

### North Otago

**Contact:** Margaret Pink 03 434 7233 / [northotago@grg.org.nz](mailto:northotago@grg.org.nz)  
**Meets:** Varies – please get in touch with Margaret for confirmation of the next meeting.  
**Location:** Varies – please get in touch with Margaret for confirmation of the next meeting.

### Southland

**Contact:** Lynette Nielsen 027 489 2581 / [southland@grg.org.nz](mailto:southland@grg.org.nz)  
**Meets:** Fortnightly on a Wednesday at 10:00am.  
**Location:** Family Works, 183 Spey Street, Invercargill.

### Other areas

If your area is not included and you or someone you know would like to consider becoming the local Support Group Coordinator for your area, please contact Merle Lambert at [merle@grg.org.nz](mailto:merle@grg.org.nz)

### Napier

**Contact:** Rozane Duncan 027 901 2021 / [napier@grg.org.nz](mailto:napier@grg.org.nz)  
**Meets:** First Friday of each month from 10:30am.  
**Location:** Napier RSA, 34 Vautier Street, Napier.

### Dannevirke

**Contact:** Connie Peters 027 488 3415 / [tararua@grg.org.nz](mailto:tararua@grg.org.nz)  
**Meets:** Varies – please get in touch with Connie for confirmation of the next meeting.  
**Location:** Varies – please get in touch with Connie for confirmation of the next meeting.

### Wairarapa

**Contact:** Tere Lenihan 021 509 493 / [wairarapa@grg.org.nz](mailto:wairarapa@grg.org.nz)  
**Meets:** Varies – please get in touch with Tere for confirmation of the next meeting.  
**Location:** Varies – please get in touch with Tere for confirmation of the next meeting.

### Wellington

**Contact:** Cecilee Donovan 04 477 0632 / [wellington@grg.org.nz](mailto:wellington@grg.org.nz)  
**Meets:** Varies – please get in touch with Cecilee for confirmation of the next meeting.  
**Location:** Varies – please get in touch with Cecilee for confirmation of the next meeting.

### Canterbury

**Contact:** Veronica Brunt / 03 942 5935 / [canterbury@grg.org.nz](mailto:canterbury@grg.org.nz)  
**Meets:** Varies – please get in touch with Veronica for confirmation of the next meeting.  
**Location:** Varies – please get in touch with Veronica for confirmation of the next meeting.

### Otago Coastal

Currently vacant. If you or someone you know would like to consider becoming the local Support Group Coordinator for the Otago Coastal area, please contact Merle Lambert at [merle@grg.org.nz](mailto:merle@grg.org.nz)

### Coffee Groups

Matakana/Warkworth	Anita	021 082 05563
North Shore	Val	022 080 2368
Auckland Central	Jane	021 424 801
Hamilton	Carol	027 361 1929
Cambridge	Brenda	027 438 5401
Raetihi	Angel	06 385 3404
Kapiti	Margaret	04 293 4728
Upper Hutt	Margaret	04 976 9475
Blenheim	Juliet	03 571 6222
Christchurch	Elaine	021 025 08834
Ashburton	Deborah	027 626 4866

### Hastings

**Contact:** Tom Kupa 06 879 4302 / [hastings@grg.org.nz](mailto:hastings@grg.org.nz)  
**Meets:** Varies – please get in touch with Tom for confirmation of the next meeting.  
**Location:** Varies – please get in touch with Tom for confirmation of the next meeting.

### Palmerston North

**Contact:** Jacqui Phillips 021 229 0455 / [palmerstonnorth@grg.org.nz](mailto:palmerstonnorth@grg.org.nz)  
**Meets:** Alternates between the first Thursday from 5:30pm and the first Tuesday from 9:30am each month.  
**Location:** The Evelyn Rawlins Room, Square Edge Creative Centre, 47 The Square, Palmerston North.

### Porirua

**Contact:** Roma Paull 022 050 4761 / [porirua@grg.org.nz](mailto:porirua@grg.org.nz)  
**Meets:** Second Wednesday of each month, 10:00am-12:00pm.  
**Location:** First floor, Connect Global Office, 1 Walton Leigh Avenue, Porirua.

### Nelson

**Contact:** Paula Eggers 021 062 6583 / [nelson@grg.org.nz](mailto:nelson@grg.org.nz)  
**Meets:** Fortnightly on a Tuesday.  
**Location:** Varies – please get in touch with Paula for confirmation of the next meeting.

### East Christchurch

**Contact:** Anna Clare 021 085 77404 / [eastchristchurch@grg.org.nz](mailto:eastchristchurch@grg.org.nz)  
**Meets:** First and third Friday of each month, from 10:00am.  
**Location:** Holy Trinity Avonside, 168 Stanmore Road, Richmond, Christchurch.

### Dunedin

**Contact:** Mike Stanley 027 205 5767 / [dunedin@grg.org.nz](mailto:dunedin@grg.org.nz)  
**Meets:** Varies – please get in touch with Mike for confirmation of the next meeting.  
**Location:** Varies – please get in touch with Mike for confirmation of the next meeting.