

## Triskele Assessment & Therapy Services

**Triskele Assessment & Therapy Services** is a multidisciplinary psychology and rehabilitation therapy practice in the Waikato – North and South, South Auckland, Waiuku, King Country, Waipa District, Thames-Coromandel and the Bay of Plenty.

We offer a full range of psychological, mental health and rehabilitation service specialising in the assessment and treatment of emotional, cognitive and behavioural difficulties from a multidisciplinary perspective including psychology, social work, psychiatry, occupational therapy, art therapy and play therapy.

Our practitioners come from a range of backgrounds and are highly skilled and experienced in the delivery of therapeutic services for people experiencing emotional and rehabilitative health difficulties.

We understand that every person's needs are unique and we aim to tailor our practice to meet the needs of every individual. We match our client's needs with the right practitioner so we can ensure you are receiving the highest quality treatment.

### Population Served

Children, adolescents, adults; individuals, families and groups displaying a variety of psychological, behavioural, developmental, academic, family, peer and health-related difficulties in a variety of settings.

## Child Development & Learning Services

**Triskele Child Development and Learning Services (CDL)** is a multidisciplinary service for children from birth to 18 years of age that present with developmental, behavioural and learning challenges.

CDL provides a range of assessment, early intervention and treatment services to children with developmental delay or difficulty that impact on function, participation and/or parent-child relationship.

Our team of clinicians include:

- Speech pathologists
- Occupational therapists
- Physiotherapists
- Social workers
- Counsellors
- Play and art therapists
- Paediatricians
- Therapy assistants

Children may see one or more clinicians, depending on their needs.

The overarching goal of CDL is to provide diagnostic clarity, recommendations, information and interventions.

CDL works closely with children and families, community resources, educational supports and other services to help children reach their full potential.

### Services Available

- Biological vulnerabilities.
- Emotional and Developmental problems.
- Mental disorders.
- Cognitive deficits.
- Trauma and loss.
- Educational issues.
- Problems in social context
- Sensory

### Skills and Procedures Utilised

- Assessment (e.g., psychological, intellectual, cognitive, behavioural testing and evaluation, sensory, OT)
- Intervention (e.g., psychotherapy and behaviour management, sensory)
- Consultation with other professionals
- Speech Language
- Psychology
- Occupational Therapy
- Arts Therapy
- Group Therapy

### Services / Contracts

- PHO services – Pinnacle, Hauraki, NHC
- ACC (including Sensitive Claims)
- I Am Hope (Gumboot)
- Private clients
- Oranga Tamariki
- Waikato District Health Board

## Child Questionnaire

Does your child have any issues with the following:

1.	Restless, overactive, cannot stay still for long	Yes/No
2.	Often complains of headaches, stomach aches or sickness	Yes/No
3.	Often loses their temper	Yes/No
4.	Prefers to play alone, trouble making friends	Yes/No
5.	Often seems worried or anxious	Yes/No
6.	Often unhappy, depressed or tearful	Yes/No
7.	Sensitive to touch, sounds, noise, light	Yes/No
8.	Difficulty with making words or sentences flow smoothly, like stuttering or stammering	Yes/No
9.	Communicating thoughts using language	Yes/No
10.	Understanding what others say	Yes/No
11.	Making movements using hands and wrists: holding a pencil, using utensils	Yes/No
12.	Difficulty with running, jumping, throwing, catching: balance, riding a bike, seems clumsy	Yes/No
13.	Trouble with multi-step tasks	Yes/No
14.	Learning issues; advances or behind their peer group	Yes/No
15.	Generally different to his/her peer group	Yes/No

If you have answered yes to any of the above questions you may need to see your doctor or contact Triskele to help you find the right practitioner for your needs.

## Adult Patient Health Questionnaire

Over the last two weeks, have you been bothered by any of the following problems:

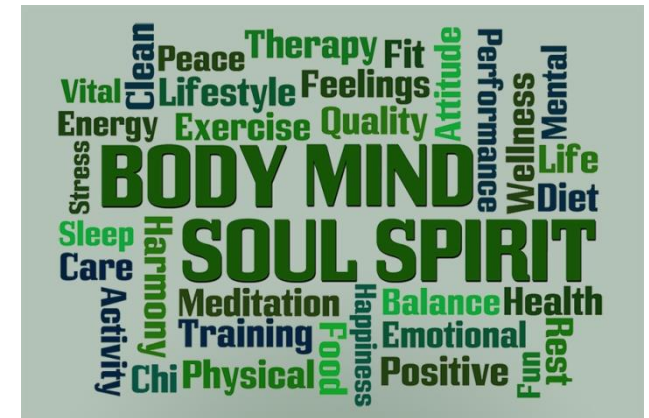
1.	Little interest or no pleasure in doing things	Yes/No
2.	Feeling down, depressed or hopeless	Yes/No
3.	Trouble falling or staying asleep, or sleeping too much	Yes/No
4.	Feeling tired or having little energy	Yes/No
5.	Poor appetite or overeating	Yes/No
6.	Feeling bad about yourself – or that you are a failure or have let yourself or your family down	Yes/No
7.	Trouble concentrating on things, such as reading the newspaper or watching television	Yes/No
8.	Moving or speaking so slowly that other people have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	Yes/No
9.	Thoughts that you would be better off dead, or of hurting yourself	Yes/No

If you have answered yes to any of the above questions you may need to see your doctor or contact Triskele to help you find the right practitioner for your needs.

**IN CRISIS? Contact the Mental Health Crisis Team (CATT Team) on 0800 50 50 50**



## Triskele Assessment & Therapy Services Limited



## Child Development & Learning Services

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