



# GRG Support Groups Nationwide

Meetings are held during school terms - with public and school holidays excluded unless otherwise stated.

## KAIKOHE

**Contact:** Moengaroa Floyed

09 401 3057 / [Kaikohe@grg.org.nz](mailto:Kaikohe@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Moengaroa for confirmation of the next meeting.

## WAITAKERE

**Contact:** Esther Price

021 251 0690 / [Waitakere@grg.org.nz](mailto:Waitakere@grg.org.nz)

**Meets:** Every 3rd Thursday of the month, from 10:00am.

**Location:** Terence Kennedy House Hall, 267 Glengarry Road, Glen Eden

## PUKEKOHE/WAIUKU

**Contact:** Anne Doddrell

09 237 8161 / [Pukekohe@grg.org.nz](mailto:Pukekohe@grg.org.nz)

**Meets:** The last Tuesday of the month, 10:00am-12:00pm.

**Location:** St. Andrews Church, 43 Queen Street, Pukekohe.

## TE KUITI

**Contact:** Kay Higgins

027 430 2939 / [Tekuiti@grg.org.nz](mailto:Tekuiti@grg.org.nz)

**Meets:** Third Wednesday of each month (starting 15/07/2020) at 10am

**Location:** Tiffany's Café, 241 Rora Street, Te Kuiti.

## TAUPO

**Contact:** Lesley-Anne Wells

07 377 3539 / [Taupo@grg.org.nz](mailto:Taupo@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Lesley-Anne for confirmation of the next meeting.

## ROTORUA

**Contact:** Anne Donnell

022 059 5107 / [Rotorua@grg.org.nz](mailto:Rotorua@grg.org.nz)

**Meets:** Third Monday of each month (starting 20/07/2020) at 9:30am

**Location:** Linton Park Community Centre, 16 Kaimahi Place, Pukehangi, Rotorua.

## DARGAVILLE

**Contact:** Sandy Zimmer

09 439 4420 / [Dargaville@grg.org.nz](mailto:Dargaville@grg.org.nz)

**Meets:** First Wednesday of each month (starting 02/09/2020)

**Location:** Northern Wairoa Boating Club, Totara Street, Dargaville.

## NEW LYNN

**Contact:** Robyn Robertson

021 309 365 / [Newlynn@grg.org.nz](mailto:Newlynn@grg.org.nz)

**Meets:** Third Tuesday of each month (starting 13/08/2020) at 10am

**Location:** House of Prayer, 9B Binsted Road, New Lynn.

## NGARUAWAHIA/HUNTLY

**Contact:** Trevor Don

021 566 735 / [Ngaruawahia@grg.org.nz](mailto:Ngaruawahia@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Trevor for confirmation of the next meeting.

## TE AWAMUTU

**Contact:** Ruth Gilling

022 045 4475 / [Teawamutu@grg.org.nz](mailto:Teawamutu@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Ruth for confirmation of the next meeting.

## TURANGI

**Contact:** Charmaine Timihou

027 645 2002 / [Turangi@grg.org.nz](mailto:Turangi@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Charmaine for confirmation of the next meeting.

## TAURANGA

**Contact:** Pam Downing

027 224 9169 / [Tauranga@grg.org.nz](mailto:Tauranga@grg.org.nz)

**Meets:** Date varies – please get in touch with Pam for confirmation of the next meeting.

**Location:** Curate Church building 14 Christopher Street, Tauranga.

## TAMAKI/EAST

**Contact:** Tess Gould-Thorpe

09 535 6903 / [Tamaki@grg.org.nz](mailto:Tamaki@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Tess for confirmation of the next meeting.

## PAPAKURA

**Contact:** Shirley Afoa

021 129 4151 / [Papakura@grg.org.nz](mailto:Papakura@grg.org.nz)

**Meets:** Second Thursday of each month (starting 13/08/2020) at 10am

**Location:** Smiths Avenue Community Hall, 20 Smiths Avenue, Papakura.

## HAMILTON

**Contact:** Pat Davis

022 600 7672 / [Hamilton@grg.org.nz](mailto:Hamilton@grg.org.nz)

**Meets:** Last Monday of each month at 10am

**Location:** St Davids, Rifle Range Road, Dinsdale, Hamilton.

## TOKOROA

**Contact:** Debbie Newton

027 284 2103 / [Tokoroa@grg.org.nz](mailto:Tokoroa@grg.org.nz)

**Meets:** Last Friday of each month (starting 31/07/2020) at 10am

**Location:** Tokoroa Council of Social Services, Gate 1, Tokoroa Hospital (1st building on the right). Parking available at the back.

## TAUMARUNUI

**Contact:** Jo Wickham

07 896 7515 / [Taumarunui@grg.org.nz](mailto:Taumarunui@grg.org.nz)

**Meets:** First Monday of each month (starting 01/09/2020) at 10am

**Location:** Taumarunui RSA, 10 Marae Street, Taumarunui

## KATIKATI

**Contact:** Cathie Kenyon

021 088 78686 / [Katikati@grg.org.nz](mailto:Katikati@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Cathie for confirmation of the next meeting.

## WHAKATANE

**Contact:** Karlene McCormick

021 022 20328 / [Whakatane@grg.org.nz](mailto:Whakatane@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Karlene for confirmation of the next meeting.

## NAPIER

**Contact:** Beth Thurston

022 073 9900 / [Napier@grg.org.nz](mailto:Napier@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Beth for confirmation of the next meeting.

## WAIRARAPA

**Contact:** Tere Lenihan

021 509 493 / [Wairarapa@grg.org.nz](mailto:Wairarapa@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Tere for confirmation of the next meeting.

## WELLINGTON

**Contact:** Cecilee Donovan

04 477 0632 / [Wellington@grg.org.nz](mailto:Wellington@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Cecilee for confirmation of the next meeting.

## EAST CHRISTCHURCH

**Contact:** Sandra Murphy

021 025 52415 / [Eastchristchurch@grg.org.nz](mailto:Eastchristchurch@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Sandra for confirmation of the next meeting.

## TIMARU

**Contact:** Angela Bennison

027 248 5468 / [Timaru@grg.org.nz](mailto:Timaru@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Angela for confirmation of the next meeting.

## SOUTHLAND

**Contact:** Colleen Saunders

03 216 4173 / [Southland@grg.org.nz](mailto:Southland@grg.org.nz)

**Meets:** Second and fourth Wednesday of each month (starting 22/07/2020) at 10am

**Location:** Family Works, 183 Spey Street, Invercargill.

## OPOTIKI/KAWERAU

**Contact:** Sophie Wilson-Kahika

07 262 5136 / [Opotiki@grg.org.nz](mailto:Opotiki@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Sophie for confirmation of the next meeting.

## NEW PLYMOUTH

**Contact:** Diane Richardson

021 185 1097 / [Newplymouth@grg.org.nz](mailto:Newplymouth@grg.org.nz)

**Meets:** Every 2nd Thursday of the month at 9.30am

**Location:** Barnardos New Plymouth/ Stratford, 186a Tukapa St. Westown, New Plymouth.

## PORIRUA

**Contact:** Roma Paull

022 050 4761 / [Porirua@grg.org.nz](mailto:Porirua@grg.org.nz)

**Meets:** Every 2nd Wednesday of each month, 10:00am-12:00pm

**Location:** First floor, Connect Global Office, 1 Walton Leigh Avenue, Porirua.

## NELSON

**Contact:** Sharon Norriss

03 548 6710 / [Nelson@grg.org.nz](mailto:Nelson@grg.org.nz)

**Meets:** Every 2<sup>nd</sup> Tuesday of the month

**Location:** Varies – please get in touch with Sharon for confirmation of the next meeting.

## SOUTH CHRISTCHURCH

**Contact:** Anna Clare

021 058 77404 / [Southchristchurch@grg.org.nz](mailto:Southchristchurch@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Anna for confirmation of the next meeting.

## NORTH OTAGO

**Contact:** Margaret Pink

03 437 0837 / [Northotago@grg.org.nz](mailto:Northotago@grg.org.nz)

**Meets:** Every 3<sup>rd</sup> Friday of the month alternated between Oamaru and Waimate— The Hub, Waimate Main School, John Street, Waimate at 10.00am and then Plunket, Severn Street, Oamaru on 10am.18<sup>th</sup> September at 10am.

## COFFEE GROUPS

Whangarei  
Warkworth  
Auckland Central  
South Auckland  
Whitianga  
Cambridge  
Napier  
Upper Hutt  
Blenheim  
Christchurch

Janet 09 435 0044  
Shirley 09 423 7052  
Jane 021 424 801  
Virginia 09 277 7514  
Gillian 027 454 0314  
Brenda 027 438 5401  
Beth 06 843 9385  
Margaret 04 976 9475  
Juliet 03 571 6222  
Elaine 021 025 08834

## HASTINGS

**Contact:** Tom Kupa

06 879 4302 / [Hastings@grg.org.nz](mailto:Hastings@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Tom for confirmation of the next meeting.

## PALMERSTON NORTH

**Contact:** Jacqui Phillips

021 229 0455 / [Pamerstonnorth@grg.org.nz](mailto:Pamerstonnorth@grg.org.nz)

**Meets:** Two meetings are held on the first Thursday of each Monday at 1.15-2.45pm and 6-7.30pm

**Location:** Crossroads Childcare Centre, 220 Church Street, Palmerston North.

## HUTT VALLEY

**Contact:** Serenah Nicholson

021 743 414 / [Huttvalley@grg.org.nz](mailto:Huttvalley@grg.org.nz)

**Meets:** Every 1<sup>st</sup> Friday of the month 9:30am -11:30am

**Location:** Pomare Community House, 55 Farmer Crescent, Taita, Lower Hutt.

## MOTUEKA

**Contact:** Rankeilor Arnott

03 528 5089 / [Motueka@grg.org.nz](mailto:Motueka@grg.org.nz)

**Meets:** Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month, 1:00pm-3:00pm

**Location:** St Andrews Church, 64 High Street, Motueka.

## ASHBURTON

**Contact:** Karen Kilgour

027 741 2039 / [Ashburton@grg.org.nz](mailto:Ashburton@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Karen for confirmation of the next meeting.

## DUNEDIN

**Contact:** Janette Bungard

027 814 4135 / [Dunedin@grg.org.nz](mailto:Dunedin@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Janette for confirmation of the next meeting..

## CURRENTLY VACANT

Kaitaia, Kerikeri, Whangarei, Bream Bay, Hibiscus Coast, Mangere/Onehunga, Te Puke/ Papamoa, Whanganui, Dannevirke, Levin/ Otaki, Greymouth, Otago Coastal.

**Contact:** Merle 021 246 0553 (9am to 2pm, Monday –Friday) / [Merle@grg.org.nz](mailto:Merle@grg.org.nz)