



GRG Support Groups Nationwide

Meetings are held during school terms - with public and school holidays excluded unless otherwise stated.

KAIKOHE

Contact: Moengaroa Floyed

09 401 3057 / Kaikohe@grg.org.nz

Meets: Date and location varies. Please get in touch with Moengaroa for confirmation of the next meeting.

DARGAVILLE

Contact: Sandy Zimmer

09 439 4420 / Dargaville@grg.org.nz

Meets: First Wednesday of each month

Location: Northern Wairoa Boating Club, Totara Street, Dargaville.

TAMAKI/EAST

Contact: Tess Gould-Thorpe

09 535 6903 / Tamaki@grg.org.nz

Meets: Date and location varies. Please get in touch with Tess for confirmation of the next meeting.

WAITAKERE

Contact: Esther Price

021 251 0690 / Waitakere@grg.org.nz

Meets: Every 3rd Thursday of the month at 10am

Location: Terence Kennedy House Hall, 267 Glengarry Road, Glen Eden

NEW LYNN

Contact: Robyn Robertson

021 309 365 / Newlynn@grg.org.nz

Meets: Third Tuesday of each month at 10am

Location: House of Prayer, 9B Binsted Road, New Lynn.

PAPAKURA

Contact: Shirley Afoa

021 129 4151 / Papakura@grg.org.nz

Meets: Second Thursday of each month at 10am

Location: Smiths Avenue Community Hall, 20 Smiths Avenue, Papakura.

PUKEKOHE/WAIUKU

Contact: Anne Doddrell

09 237 8161 / Pukekohe@grg.org.nz

Meets: The last Tuesday of the month at 10am

Location: St. Andrews Church, 43 Queen Street, Pukekohe.

NGARUAWAHIA/HUNTLY

Contact: Trevor Don

021 566 735 / Ngaruawahia@grg.org.nz

Meets: Date and location varies. Please get in touch with Trevor for confirmation of the next meeting.

HAMILTON

Contact: Pat Davis

022 600 7672 / Hamilton@grg.org.nz

Meets: Last Monday of each month at 10am

Location: St Davids, Rifle Range Road, Dinsdale, Hamilton.

TE KUITI

Contact: Kay Higgins

027 430 2939 / Tekuiti@grg.org.nz

Meets: Third Wednesday of each month at 10am

Location: Tiffany's Café, 241 Rora Street, Te Kuiti.

TE AWAMUTU

Contact: Ruth Gilling

022 045 4475 / Teawamutu@grg.org.nz

Meets: Date and location varies. Please get in touch with Ruth for confirmation of the next meeting.

TOKOROA

Contact: Debbie Newton

027 284 2103 / Tokoroa@grg.org.nz

Meets: Last Friday of each month at 10am

Location: Tokoroa Council of Social Services, Gate 1, Tokoroa Hospital (1st building on the right). Parking available at the back.

TAUPO

Contact: Lesley-Anne Wells

07 377 3539 / Tauupo@grg.org.nz

Meets: Date and location varies. Please get in touch with Lesley-Anne for confirmation of the next meeting.

TURANGI

Contact: Charmaine Timihou

027 645 2002 / Turangi@grg.org.nz

Meets: Date and location varies. Please get in touch with Charmaine for confirmation of the next meeting.

TAUMARUNUI

Contact: Jo Wickham

07 896 7515 / Taumarunui@grg.org.nz

Meets: First Monday of each month at 10am

Location: Taumarunui RSA, 10 Marae Street, Taumarunui

ROTORUA

Contact: Anne Donnell

022 059 5107 / Rotorua@grg.org.nz

Meets: Third Monday of each month at 9:30am

Location: Linton Park Community Centre, 16 Kaimahi Place, Pukehangi, Rotorua.

TAURANGA

Contact: Pam Downing

027 224 9169 / Tauranga@grg.org.nz

Meets: Every second Thursday of the month at 10am

Location: Curate Church building 14 Christopher Street, Tauranga.

KATIKATI

Contact: Cathie Kenyon

021 088 78686 / Katikati@grg.org.nz

Meets: Date and location varies. Please get in touch with Cathie for confirmation of the next meeting.

WHAKATANE

Contact: Karlene McCormick

021 022 20328 / Whakatane@grg.org.nz

Meets: Date and location varies. Please get in touch with Karlene for confirmation of the next meeting.

NAPIER

Contact: Beth Thurston

022 073 9900 / Napier@grg.org.nz

Meets: 27th November 2020, then the 1st Friday of the month starting February 2021.

Location: Please get in touch with Beth for Confirmation of the next meeting.

WAIRARAPA

Contact: Tere Lenihan

021 509 493 / Wairarapa@grg.org.nz

Meets: Date and location varies. Please get in touch with Tere for confirmation of the next meeting.

WELLINGTON

Contact: Cecilee Donovan

021 158 6643 / Wellington@grg.org.nz

Meets: Date and location varies. Please get in touch with Cecilee for confirmation of the next meeting.

EAST CHRISTCHURCH

Contact: Sandra Murphy

021 025 52415 / Eastchristchurch@grg.org.nz

Meets: Date and location varies. Please get in touch with Sandra for confirmation of the next meeting.

NORTH OTAGO

Contact: Margaret Pink

03 437 0837 / Northotago@grg.org.nz

Meets: Every 3rd Friday of the month alternated between Oamaru and Waimate. Please get in touch with Margaret for confirmation of the next meeting.

COFFEE GROUPS

Kaitaia	Merle 021 246 0553
Whangarei	Janet 09 435 0044
Warkworth	Shirley 09 423 7052
South Auckland	Virginia 09 277 7514
Whitianga	Gillian 027 454 0314
Cambridge	Brenda 027 438 5401
Napier	Beth 06 843 9385
Upper Hutt	Margaret 04 976 9475
Blenheim	Juliet 03 571 6222
Christchurch	Elaine 021 025 08834
North Christchurch	Donna 021 448 010

OPOTIKI/KAWERAU

Contact: Sophie Wilson-Kahika

07 262 5136 / Opotiki@grg.org.nz

Meets: Date and location varies. Please get in touch with Sophie for confirmation of the next meeting.

NEW PLYMOUTH

Contact: Diane Richardson

021 185 1097 / Newplymouth@grg.org.nz

Meets: Every 2nd Thursday of the month at 9.30am

Location: Barnardos New Plymouth/ Stratford, 186a Tukapa St. Westtown, New Plymouth.

PORIRUA

Contact: Roma Paull

022 050 4761 / Porirua@grg.org.nz

Meets: Every 2nd Wednesday of each month at 10am

Location: First floor, Connect Global Office, 1 Walton Leigh Avenue, Porirua.

NELSON

Contact: Sharon Norriss

03 548 6710 / Nelson@grg.org.nz

Meets: Every 2nd Tuesday of the month

Location: Varies – please get in touch with Sharon for confirmation of the next meeting.

SOUTH CHRISTCHURCH

Contact: Anna Clare

021 085 77404 /

Southchristchurch@grg.org.nz

Meets: Date and location varies. Please get in touch with Anna for confirmation of the next meeting.

DUNEDIN

Contact: Merle Lambert

021 246 0553 / Merle@grg.org.nz

Meets: Date and location varies. Please get in touch with Janette for confirmation of the next meeting..

HASTINGS

Contact: Tom Kupa

022 150 5196 / Hastings@grg.org.nz

Meets: Every 3rd Friday of the month

Location: First floor, 105 Pakowhai Road, Stortford Lodge, Hastings.

PALMERSTON NORTH

Contact: Jacqui Phillips

021 229 0455 / Palmerstonnorth@grg.org.nz

Meets: Two meetings are held on the first Thursday of each month at 1:15-2:45pm and 6-7:30pm

Location: Crossroads Childcare Centre, 220 Church Street, Palmerston North.

HUTT VALLEY

Contact: Serenah Nicholson

021 743 414 / Huttvalley@grg.org.nz

Meets: Every 1st Friday of the month at 9:30am

Location: Pomare Community House, 55 Farmer Crescent, Taita, Lower Hutt.

MOTUEKA

Contact: Rankeilor Arnott

03 528 5089 / Motueka@grg.org.nz

Meets: Every 2nd and 4th Tuesday of the month at 1:00pm

Location: St Andrews Church, 64 High Street, Motueka.

ASHBURTON

Contact: Karen Kilgour

027 741 2039 / Ashburton@grg.org.nz

Meets: Date and location varies. Please get in touch with Karen for confirmation of the next meeting.

SOUTHLAND

Contact: Colleen Saunders

03 216 4173 / Southland@grg.org.nz

Meets: Second and fourth Wednesday of each month at 10am

Location: Family Works, 183 Spey Street,

CURRENTLY VACANT

Kaitaia, Kerikeri, Whangarei, Bream Bay, Hibiscus Coast, Mangere/Onehunga, Te Puke/Papamoa, Dannevirke/Tararua, Levin/Otaki, Greymouth, Otago Coastal, Timaru.

Contact: Merle 021 246 0553 (9am to 2pm, Monday–Friday) / Merle@grg.org.nz