



GRG Support Groups Nationwide

Meetings are held during school terms - with public and school holidays excluded unless otherwise stated.

KAITAIA

Contact: Merle Lambert 021 246 0553 / Merle@grg.org.nz

Meets: Every third Thursday of the month at 10:30am

Location: Hope Christian Centre, 234 Commerce Street, Kaitaia.

TAMAKI/EAST

Contact: Tess Gould-Thorpe
09 535 6903 / Tamaki@grg.org.nz

Meets: Date and location varies. Please get in touch with Tess for confirmation of the next meeting.

PAPAKURA

Contact: Shirley Afoa
021 129 4151 / Papakura@grg.org.nz

Meets: Second Thursday of each month at 10am

Location: Smiths Avenue Community Hall, 20 Smiths Avenue, Papakura.

HAMILTON

Contact: Pat Davis
022 600 7672 / Hamilton@grg.org.nz

Meets: Last Monday of each month at 10am
Location: St Davids, Rifle Range Road, Dinsdale, Hamilton.

TOKOROA

Contact: Debbie Newton
027 284 2103 / Tokoroa@grg.org.nz

Meets: Last Friday of each month at 10am
Location: Tokoroa Council of Social Services, Gate 1, Tokoroa Hospital (1st building on the right). Parking available at the back.

TAUMARUNUI

Contact: Jo Wickham
07 896 7515 / Taumarunui@grg.org.nz
Meets: First Monday of each month at 10am
Location: Taumarunui RSA, 10 Marae Street, Taumarunui.

KAIKOHE

Contact: Moengaroa Floyed
09 401 3057 / Kaikohe@grg.org.nz

Meets: Date and location varies. Please get in touch with Moengaroa for confirmation of the next meeting.

WAITAKERE

Contact: Esther Price
021 251 0690 / Waitakere@grg.org.nz

Meets: Every third Thursday of the month at 10am
Location: Terence Kennedy House Hall, 267 Glengarry Road, Glen Eden.

PUKEKOHE/WAIUKU

Contact: Anne Doddrell
09 237 8161 / Pukekohe@grg.org.nz

Meets: The last Tuesday of the month at 10am
Location: St. Andrews Church, 43 Queen Street, Pukekohe.

TE KUITI

Contact: Kay Higgins
027 430 2939 / Tekuiti@grg.org.nz

Meets: Third Wednesday of each month at 10am
Location: Tiffany's Café, 241 Rora Street, Te Kuiti.

TAUPO

Contact: Lesley-Anne Wells
07 377 3539 / Taupo@grg.org.nz

Meets: Date and location varies. Please get in touch with Lesley-Anne for confirmation of the next meeting.

ROTORUA

Contact: Anne Donnell
022 059 5107 / Rotorua@grg.org.nz
Meets: Third Monday of each month at 9:30am
Location: Linton Park Community Centre, 16 Kaimahi Place, Pukehangi, Rotorua.

DARGAVILLE

Contact: Sandy Zimmer
09 439 4420 / Dargaville@grg.org.nz

Meets: First Wednesday of each month
Location: Northern Wairoa Boating Club, Totara Street, Dargaville.

NEW LYNN

Contact: Robyn Robertson
021 309 365 / Newlynn@grg.org.nz

Meets: Third Tuesday of each month at 10am
Location: House of Prayer, 9B Binsted Road, New Lynn.

NGARUAWAHIA/HUNTLY

Contact: Trevor Don
021 566 735 / Ngaruawahia@grg.org.nz

Meets: The last Monday of the month at 10:30am
Location: Ngaruawahia Community House, 13 Galileo Street, Ngaruawahia.

TE AWAMUTU

Contact: Ruth Gilling
022 045 4475 / Teawamutu@grg.org.nz

Meets: Date and location varies. Please get in touch with Ruth for confirmation of the next meeting.

TURANGI

Contact: Charmaine Timihou
027 645 2002 / Turangi@grg.org.nz

Meets: Date and location varies. Please get in touch with Charmaine for confirmation of the next meeting.

TAURANGA

Contact: Pam Downing
027 224 9169 / Tauranga@grg.org.nz
Meets: Every fourth Thursday of the month at 10am
Location: Curate Church building 14 Christopher Street, Tauranga.

KATIKATI

Contact: Cathie Kenyon

021 088 78686 / Katikati@grg.org.nz

Meets: Date and location varies. Please get in touch with Cathie for confirmation of the next meeting.

HASTINGS

Contact: Tom Kupa

022 150 5196 / Hastings@grg.org.nz

Meets: Every fourth Friday of the month

Location: First floor, 105 Pakowhai Road, Stortford Lodge, Hastings.

PALMERSTON NORTH

Contact: Jacqui Phillips

021 229 0455 / Palmerstonnorth@grg.org.nz

Meets: Two meetings are held on the first Thursday of each month at 1:15-2:45pm and 6-7:30pm

Location: Crossroads Childcare Centre, 220 Church Street, Palmerston North.

PORIRUA

Contact: Roma Paull

022 050 4761 / Porirua@grg.org.nz

Meets: Every second Wednesday of each month at 10am

Location: First floor, Connect Global Office, 1 Walton Leigh Avenue, Porirua.

NELSON

Contact: Sharon Norriss

03 548 6710 / Nelson@grg.org.nz

Meets: Every second Friday of the month

Location: Varies – please get in touch with Sharon for confirmation of the next meeting.

SOUTH CHRISTCHURCH

Contact: Anna Clare

021 085 77404 /

Southchristchurch@grg.org.nz

Meets: Every first Friday of the month at 10am

Location: 168 Stanmore Road, Linwood.

SOUTHLAND

Contact: Colleen Saunders

03 216 4173 / Southland@grg.org.nz

Meets: Second and fourth Wednesday of each month at 10am

Location: Family Works, 183 Spey Street, Invercargill.

WHAKATANE

Contact: Karlene McCormick

021 022 20328 / Whakatane@grg.org.nz

Meets: Date and location varies. Please get in touch with Karlene for confirmation of the next meeting.

NAPIER

Contact: Beth Thurston

022 073 9900 / Napier@grg.org.nz

Meets: First Friday of the month starting February 2021 at 9:30am

Location: Cadet Training Hall - Sea end of Coote Road, Napier.

WHANGANUI

Contact: Bob Wilson 027 268 7678 /

Whanganui@grg.org.nz

Meets: Every Thursday at 10am

Location: 48 Alma Road, Whanganui.

HUTT VALLEY

Contact: Serenah Nicholson

021 743 414 / Huttvalley@grg.org.nz

Meets: First Friday of the month at 9:30am

Location: Pomare Community House, 55 Farmer Crescent, Taita, Lower Hutt.

MOTUEKA

Contact: Rankeilor Arnott

03 528 5089 / Motueka@grg.org.nz

Meets: Every second and fourth Tuesday of the month at 1:00pm

Location: St Andrews Church, 64 High Street, Motueka.

ASHBURTON

Contact: Karen Kilgour

027 741 2039 / Ashburton@grg.org.nz

Meets: Date and location varies. Please get in touch with Karen for confirmation of the next meeting.

COFFEE GROUPS

Whangarei

Warkworth

Waitakere

South Auckland

Morrinsville

Whitianga

Cambridge

Napier

Upper Hutt

Christchurch

North Christchurch

Janet 09 435 0044

Shirley 09 423 7052

Gina 020 411 12699

Virginia 09 277 7514

Jennifer 027 683 6207

Gillian 027 454 0314

Brenda 027 438 5401

Beth 06 843 9385

Margaret 04 976 9475

Elaine 021 025 08834

Donna 021 448 010

OPOTIKI/KAWERAU

Contact: Sophie Wilson-Kahika

07 262 5136 / Opotiki@grg.org.nz

Meets: Date and location varies. Please get in touch with Sophie for confirmation of the next meeting.

NEW PLYMOUTH

Contact: Diane Richardson

021 185 1097 / Newplymouth@grg.org.nz

Meets: First Thursday of the month at 9.30am

Location: Barnardos New Plymouth/Stratford, 186a Tukapa Street, Westtown, New Plymouth.

WAIRARAPA

Contact: Tere Lenihan

021 509 493 / Wairarapa@grg.org.nz

Meets: Date and location varies. Please get in touch with Tere for confirmation of the next meeting.

WELLINGTON

Contact: Cecilee Donovan

021 158 6643 / Wellington@grg.org.nz

Meets: Date and location varies. Please get in touch with Cecilee for confirmation of the next meeting.

EAST CHRISTCHURCH

Contact: Sandra Murphy

021 025 52415 / Eastchristchurch@grg.org.nz

Meets: Every first Friday of the month at 10am

Location: 168 Stanmore Road, Linwood.

NORTH OTAGO

Contact: Margaret Pink

03 437 0837 / Northotago@grg.org.nz

Meets: Every third Friday of the month at 10am

Location: Oamaru Plunket Rooms, Severn Street, Oamaru.

CURRENTLY VACANT

Kaitiā, Kerikeri, Whangarei, Bream Bay, Hibiscus Coast, Mangere/Onehunga, Morrinsville/Te Aroha, Te Puke/Papamoa, Dannevirke/Tararua, Levin/Otaki, Marlborough, Greymouth, Otago Coastal.

Contact: Merle 021 246 0553 (9am to 2pm, Monday–Friday) / Merle@grg.org.nz