



# GRG Support Groups Nationwide

Meetings are held during school terms - with public and school holidays excluded unless otherwise stated.

## KAITAIA

**Currently vacant.** If you or someone you know would like to consider becoming the local Support Group Coordinator for the Kaitaia area, please contact **Merle Lambert** at [Merle@grg.org.nz](mailto:Merle@grg.org.nz) / **021 246 0553**

## TAMAKI/EAST

**Contact:** Tess Gould-Thorpe  
09 535 6903 / [Tamaki@grg.org.nz](mailto:Tamaki@grg.org.nz)

**Meets:** Date and location varies. Please get in touch with Tess for confirmation of the next meeting.

## MANUREWA

**Contact:** National Support Office  
**0800 472 637** / [office@grg.org.nz](mailto:office@grg.org.nz)

## NGARUAWAHIA/HUNTLY

**Contact:** Trevor Don  
027 229 2041 / [Ngaruawahia@grg.org.nz](mailto:Ngaruawahia@grg.org.nz)

**Meets:** Last Monday of the month at 10am  
**Location:** Ngaruawahia Community House, 13 Galileo Street, Ngaruawahia.

## HAMILTON WEST

**Contact:** Pat Davis  
022 600 7672 / [Hamiltonwest@grg.org.nz](mailto:Hamiltonwest@grg.org.nz)

**Meets:** Last Thursday of the month at 10am to 11.30am  
**Location:** St Davids Hall, Rifle Range Road, Dinsdale, Hamilton (Opposite Frankton Primary School) .

## TAUPO/TURANGI

**Currently vacant.** If you or someone you know would like to consider becoming the local Support Group Coordinator for the Taupo/Turangi area, please contact **Merle Lambert** at [Merle@grg.org.nz](mailto:Merle@grg.org.nz) / **021 246 0553**

## DARGAVILLE

**Contact:** National Support Office  
**0800 472 637** / [Office@grg.org.nz](mailto:Office@grg.org.nz)

## AUCKLAND CENTRAL

**Contact:** Helen Hewitt  
021 469 964 / [Aucklandcentral@grg.org.nz](mailto:Aucklandcentral@grg.org.nz)

**Meets:** First Wednesday of the month from 12-2pm.  
**Location:** Melville Cricket Pavilion 18 St Andrews Ave, Epsom, Auckland.

## PAPAKURA

**Contact:** Shirley Afoa  
021 129 4151 / [Papakura@grg.org.nz](mailto:Papakura@grg.org.nz)  
**Meets:** Second Thursday of the month at 10am  
**Location:** Smiths Avenue Community Hall, 20 Smiths Avenue, Papakura.

## MATAMATA-PIAKO

**Contact:** Jennifer Porter  
027 683 6207 / [Matamata-piako@grg.org.nz](mailto:Matamata-piako@grg.org.nz)  
**Meets:** Second Wednesday of the month, 10am to 11.45am  
**Location:** Morrinsville Community House, Masonic Room, 43 Canada Street, Morrinsville.

## HAMILTON EAST

**Contact:** Martine Donnelly  
021 245 7370 / [Hamiltoneast@grg.org.nz](mailto:Hamiltoneast@grg.org.nz)  
**Meets:** Date and location varies. Please get in touch with Martine for confirmation of the next meeting.

## TE KUITI

**Currently vacant.** If you or someone you know would like to consider becoming the local Support Group Coordinator for the Te Kuiti area, please contact Merle Lambert at [Merle@grg.org.nz](mailto:Merle@grg.org.nz) / **021 246 0553**

## WHANGAREI

**Currently vacant.** If you or someone you know would like to consider becoming the local Support Group Coordinator for the Whangarei area, please contact **Merle Lambert** at [Merle@grg.org.nz](mailto:Merle@grg.org.nz) / **021 246 0553**

## NEW LYNN/AVONDALE

**Contact:** Faye James  
022 417 7840 / [Newlynn@grg.org.nz](mailto:Newlynn@grg.org.nz)  
**Meets:** Third Wednesday of the month at 10am.  
**Location:** Fale Avondale Community House, 50A Rosebank Road, Avondale.

## PUKEKOHE/WAIUKU

**Contact:** Anne Doddrell  
027 471 8297 / [Pukekohe@grg.org.nz](mailto:Pukekohe@grg.org.nz)  
**Meets:** Last Tuesday of the month at 10am  
**Location:** St. Andrews Church, 43 Queen Street, Pukekohe.

## HAMILTON NORTH

**Contact:** Mirjam Sole  
027 491 9948 / [Hamiltonnorth@grg.org.nz](mailto:Hamiltonnorth@grg.org.nz)  
**Meets:** Date and time varies, please contact Mirjam for confirmation of meetings.  
**Location:** TBA

## TOKOROA

**Contact:** Debbie Newton  
027 284 2103 / [Tokoroa@grg.org.nz](mailto:Tokoroa@grg.org.nz)  
**Meets:** Last Friday of the month at 10am  
**Location:** Salvation Army Corps 139 Balmoral Drive, Tokoroa (corner of East Grampian and Balmoral).

## TAUMARUNUI

**Contact:** Jo Wickham  
07 896 7515 / [Taumarunui@grg.org.nz](mailto:Taumarunui@grg.org.nz)  
**Meets:** First Monday of the month at 10am  
**Location:** Women's Refuge Centre, 57 Miriama Street, Taumarunui.

## ROTORUA

**Contact:** Anne Donnell  
022 059 5107 / [Rotorua@grg.org.nz](mailto:Rotorua@grg.org.nz)  
**Meets:** Third Monday of the month at 9:30am  
**Location:** Linton Park Community Centre, 16 Kamahi Place, Pukehangi, Rotorua.

## NAPIER

**Contact:** Beth Thurston  
022 073 9900 / [Napier@grg.org.nz](mailto:Napier@grg.org.nz)  
**Meets:** Date and time varies, please contact Beth for confirmation of meetings.  
**Location:** The Octagon Room, All Saints Church, 23 Puketapu Road, Taradale.

## PALMERSTON NORTH

**Contact:** Jacqui Phillips  
021 229 0455 / [Palmerstonnorth@grg.org.nz](mailto:Palmerstonnorth@grg.org.nz)  
**Meets:** First Thursday of the month at 1pm and 6.30pm (1.5 hours to 2 hours long)  
**Location:** Christian Community Church, 54 Pascal Street Palmerston North.

## HUTT VALLEY

**Contact:** Cecilee Donovan  
021 1586643 / [Wellington@grg.org.nz](mailto:Wellington@grg.org.nz)  
**Meets:** Date and time varies. Please get in touch with Cecilee for confirmation of the next meeting.

## MOTUEKA

**Contact:** Rankeilor Arnott  
021 133 7299 / [Motueka@grg.org.nz](mailto:Motueka@grg.org.nz)  
**Meets:** Second and fourth Thursday of the month at 12.30pm to 3.00pm  
**Location:** St Andrews Church Lounge, 64 High Street, Motueka.

## EAST CHRISTCHURCH

**Contact:** Sandra Murphy  
021 025 52415 / [Eastchristchurch@grg.org.nz](mailto:Eastchristchurch@grg.org.nz)  
**Meets:** Third Friday of the month at 10am  
**Location:** 168 Stanmore Road, Linwood.

## COFFEE GROUPS

<b>Kaitiia</b>	Pam 022 658 3443
<b>Kaikohē</b>	Moengaroa 027 644 0978
<b>Whangarei</b>	Christine 021 061 5387
<b>Waitakere</b>	Waiora 022 647 3032
<b>South Auckland</b>	Virginia 09 277 7514
<b>Whitianga</b>	Gillian 027 454 0314
<b>Cambridge</b>	Brenda 027 438 5401
<b>Hastings</b>	Nga 022 341 7789
<b>Opunake</b>	Jayne 027 586 5190
<b>Porirua</b>	Roma 022 050 4761
<b>Waimate</b>	Maureen 029 775 1970

## TAURANGA

Currently vacant. If you or someone you know would like to consider becoming the local Support Group Coordinator for the Central West Coast area, please contact Merle Lambert at [merle@grg.org.nz](mailto:merle@grg.org.nz) / **021 246 0553**

## HASTINGS

**Contact:** Nga Ngatae Heather  
022 341 7789 / [Hastings@grg.org.nz](mailto:Hastings@grg.org.nz)  
**Meets:** Date and time varies, please contact Nga for confirmation of meetings.  
**Location:** The Octagon Room, All Saints Church, 23 Puketapu Road, Taradale.

## WAIRARAPA

**Contact:** Jonathan and Margaret Hooker  
027 448 6645 / 027 284 476  
06 377 1572 / [Wairarapa@grg.org.nz](mailto:Wairarapa@grg.org.nz)  
**Meets:** Date and time varies, please contact Jonathan and Margaret for confirmation of meetings.  
**Location:** TBA

## WELLINGTON/KAPITI

**Contact:** Cecilee Donovan  
021 1586643 / [Wellington@grg.org.nz](mailto:Wellington@grg.org.nz)  
**Currently vacant** – Wellington. If you or someone you know would like to consider becoming the local Support Group Coordinator for the Wellington area, please contact **Merle Lambert** at [merle@grg.org.nz](mailto:merle@grg.org.nz)

## CENTRAL WEST COAST

**Currently vacant.** If you or someone you know would like to consider becoming the local Support Group Coordinator for the Central West Coast area, please contact **Merle Lambert** at [merle@grg.org.nz](mailto:merle@grg.org.nz) / **021 246 0553**

## ASHBURTON

**Contact:** Karen Kilgour  
027 741 2039 / [Ashburton@grg.org.nz](mailto:Ashburton@grg.org.nz)  
**Meets:** Date and location varies. Please get in touch with Karen for confirmation of the next meeting.

## CURRENTLY VACANT

**Would you be interested in volunteering your services for Grandparents Raising Grandchildren?**  
With over 6,000+ members across the country Grandparents Raising Grandchildren Trust NZ rely on volunteer Support Group Coordinators to provide hands on support, information and advocacy in addition to running regular support groups for members to get that peer support that is so valuable when sharing their experiences and accumulated knowledge.  
Currently we are seeking Support Group Coordinators in the following areas: **Kaitiia, Whangarei, Hibiscus Coast, North Shore, Waitakere, Henderson, Glen Eden, Mangere/Onehunga, Te Awamutu, Te Kuiti, Tauranga, Te Puke/Papamoa, Taupo/Turangī, Whanganui, New Plymouth, Dannevirke/Tararua, Wellington, Marlborough, Christchurch, Dunedin, North Otago and Otago Coastal.**  
**Contact:** Merle 021 246 0553 | [Merle@grg.org.nz](mailto:Merle@grg.org.nz) or call us on FREE on **0800 472 637** (0800 GRANDS)

## WHAKATANE/KAWERAU

**Contact:** Rae Midwood  
021 235 6452 / [Whakatane@grg.org.nz](mailto:Whakatane@grg.org.nz)  
**Meets:** First Monday of the month at 10.30am.  
**Location:** Liberty Church, 65 Wairaka Road, Whakatane.

## NEW PLYMOUTH

**Currently vacant.** If you or someone you know would like to consider becoming the local Support Group Coordinator for the New Plymouth area, please contact **Merle Lambert** at [Merle@grg.org.nz](mailto:Merle@grg.org.nz) / **021 246 0553**

## PORIRUA

**Contact:** Roma Paull  
022 050 4761 / [Porirua@grg.org.nz](mailto:Porirua@grg.org.nz)  
**Meets:** Second Thursday of the month at 10am.  
**Location:** Porirua RSA, 5-7 McKillop Street, Ranui

## NELSON

**Contact:** Sharon Norriss  
03 548 6710 / [Nelson@grg.org.nz](mailto:Nelson@grg.org.nz)  
**Meets:** Second Friday of the month at 10am.  
**Location:** The Nelson Golf Club, Bolt Road, Nelson.

## SOUTH CHRISTCHURCH

**Contact:** Anna Clare  
021 085 77404 / [Southchristchurch@grg.org.nz](mailto:Southchristchurch@grg.org.nz)  
**Meets:** Third Friday of the month at 10am.  
**Location:** 168 Stanmore Road, Linwood.

## SOUTHLAND

**Contact:** Colleen Saunders  
03 216 4173 / [Southland@grg.org.nz](mailto:Southland@grg.org.nz)  
**Meets:** Second and fourth Wednesday of the month at 10am  
**Location:** Family Works, 183 Spey Street, Invercargill.