



NEWSLETTER MARCH 2017

DATABASE: 7038 WHANAU CARERS

Tena Koutou, Talofa Lava, Kia Orana, Fakaalofa Lahi Atu, Malo e Lelei, Bula Vinaka, Taloha Ni, Kam Na Mauri, Greetings to all!



Congratulations to our Thank You Card Design Competition Winner!



Chimera (aged 10) from the Hawkes Bay is the winner of our \$100 Visa Prezzy Card. We love your bright colours for our thank you card. Thank you from all of us at GRG!

I Feel My Thoughts Below Perfectly Describes GRG Trust NZ

A friend is someone who dances with you in the sunlight, and walks beside you in the shadows. For a thousand tomorrows, I vow to dance in the sunlight and walk in the shadows with any who are brave enough, and those not so brave, to walk and dance with me. For we collectively can and will make a difference in some children's lives. So, hold their hands and the hands of others, come dance in the sunlight for a brighter tomorrow. Di

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Community Services Cards

Please check the dates on these cards for both yourself and the children you raise, if expired you may have to reapply for a new one.

Grandparents Raising Grandchildren Awareness Week 20 to 26 March 2017

We are celebrating and honouring the amazing 10,000+ grandparent and whanau caregivers who are raising an estimated 17,000+ grandchildren and whanau/moko full-time in NZ.



They are the heroes who give their hearts and energy to protecting some of the most vulnerable children and young people in our community. It isn't an easy role to fulfil.

Our support services are about **empowering positive connections** between the caregivers and children, and the individuals and organisations that can **help make a positive difference to their lives**.

To learn more about GRG's support services call us on **0800 GRANDS** or visit our website at www.GRG.org.nz.

Throughout NZ, our amazing local Support Groups will be out in force to support GRGs in their communities with raffles, stands at local markets and supermarkets between Monday 20th and Sunday 26th March 2017.

Please spread the word amongst your family, friends and businesses and if you or any of them would like to make a donation to GRG please [click here](#). Donations can easily be made via our secure DPS Payment Gateway via credit card or Account 2 Account bank transfer. Look out for the blue button on our website.

During **GRG Awareness Week 2017**, we are also delighted to advise that:

The Warehouse Group are hosting their annual **Bob Tindall Classic Golf Tournament and Charity Auction** at Muriwai Golf Links on Thursday 23 March 2017 to raise funds for GRG!

The funds raised from this event will go towards further developing our Community Outreach and Specialist Advocate Services and Caregiver Workshop programme throughout New Zealand. Our sincere gratitude to The Warehouse Group and the businesses and individuals who have donated auction items to support GRG! We will update you further in our April newsletter.

GRG's CEO, Kate Bundle together with Dr Liz Gordon (Pukeko Research) will also be speaking in Rotorua at an international conference hosted by the [International Coalition for Children with Incarcerated Parents \(INCCIP\)](#) on the challenges for Grandparents bringing up children whose parents are in prison.



The Warehouse

'Bags for Good' Neighbourhood

Have you spotted one of these token bins at your local Warehouse store? If so, please support our cause and ask friends and family to do the same when they shop at The Warehouse and purchase their 10 cent bags.

Much appreciated. For a list of The Warehouse Stores supporting GRG through their Bags for Good Neighbourhood programme please visit our website at www.grg.org.nz



Where are all your Important Documents?

Having recently had an immediate Family bereavement (father) I was astounded at all the documentation needed for this. Birth, marriage certificates, (all if more than 1), full names of deceased parents and date of birth, Solicitor's name, finding the Will, (not to mention the firm that did it, no longer existed) notifying Work & Income and the IRD. A very simple service for 50 people, light afternoon tea and funeral expenses came to \$6000 +. So, gather up all these important documents and put them away safe and tell a trusted family member where they are. It may pay to speak to your elderly parents also if you have not already done so. Perhaps time to think about pre-paid funerals.

Information needed for Funeral Directors at the time of a Death:

Personal Information

- Surname Mr/Mrs/Ms/Miss
- Name at Birth
- First names
- Address
- Birth date
- Birth place
- Ethnic Group
- Are you descended from NZ Maori yes no Don't know
- If not born in NZ, year of arrival in NZ
- Profession/occupation
- Full name of father
- Profession/occupation
- Full maiden name of mother
- Profession/occupation of mother
- Marriage & Civil Union Details
- Where married/united (all if more than 1)
- To whom married/united

Living spouses birth date

Family

- Children Living full names
- Son's birth date(s)
- Daughter's birth date(s)

Service record

- Honours held
- Service No
- Overseas NZ Service
- Which War and Rank
- Unit or Regiment

There are many different organisations that arrange Pre-paid Funerals. A telephone call to a Funeral Director will have this information posted direct to you.

What is the Legal Status of Care For My Grand/kin Children?

There is often confusion amongst caregivers about the legal status of care for the children they are raising. Are the children in your care via Child Youth and Family (CYF) orders or not?

Many believe that because CYF have been involved with the children at some point, they are under CYF care. This is often not the case. CYF may be involved for a short period until the children are in a safe environment i.e. usually in your care or extended whanau care, but in some cases CYF have only assisted this placement with family and have not gone through the court process to get custody and guardianship orders for the children on behalf of the Chief Executive of CYF.

In other cases, orders have been obtained originally by CYF, but at a later stage, they have been substituted for parenting and guardianship orders under the Care of Children Act 2004 (or its predecessor, the Guardianship Act 1968).

There are many routes to care and placement with family. There are also different places where you may be getting financial help for the children. You need to be sure as to where your payments come from as the extra support you may be entitled to is dependent upon the status of care and the type of placement.

Many get confused with CYF payments and Work & Income payments. They are two different things. So, we have developed a simple guide that hopefully will help to clarify this for you.

If the children under Child Youth & Family, Care and Protection:

- You receive board payments from CYF
- You get automatic clothing allowances
- CYF have Custody and Guardianship Orders for the children.
- The children will have a designated Social Worker
- You are accountable to the CYF Social Worker

You can access the [Permanent Caregivers Support Services](#) (PCSS) and extra support. Only carers of children who have, or did have the children placed with them while they were under the care and protection of CYF, are eligible as 'permanent caregivers'. In some cases, if CYF orders have later been substituted for orders under the Care of Children Act 2004 you may be eligible. To establish eligibility you may need to access the CYF and/or the Family Court file in relation to the child.

Children Not Under CYF

You could be getting payments from the following;

- Work & Income via the Unsupported/Orphans Benefit (UCB/OB)
- Child is included in your benefit from Work & Income
- School Year Start-up if getting UCB/OB
- Extra ordinary Care payment if getting UCB/OB (not guaranteed)
- ACC payments in relation to the child. E.g. Death of a parent due to injury
- IRD Family Tax/in work tax credits
- You may have parenting orders via the Care of Children Act (or Guardianship Act)

You may have no orders at all.

School's Back and Guess What....School Sores!

So, your children are looking sun-kissed, healthy and sore-free... how can you avoid more school sores this year?

School sores is the common name for impetigo, which is a skin condition caused by the bacteria staphylococcus ('staph') or streptococcus ('strep') and is easily spread around school age children. It appears as pimples, with blisters that scab. It is common in children over one year and often appears in late summer and autumn.

In the early stages it is often confused with cold sores, but the conditions require different treatment (Cold sores are caused by the herpes simplex virus, which once contracted can lie dormant and reoccur throughout life).

Impetigo is highly infectious, so you need to keep your child away from school until the condition has cleared.

What are the signs and symptoms?

Impetigo normally begins around the nose or mouth but can appear anywhere on the body, including the arms and legs and moist areas such as the armpit or groin. In babies, impetigo can appear in the nappy area. The condition spreads rapidly.

- It first appears as reddened skin
- Red pimples then appear.
- Blisters of pus develop that eventually burst – these leave patches of yellow-crusts in older children
- If the blister is rubbed off, it leaves raw areas exposed
- Your child may also develop swollen lymph glands in the neck, armpit and groin

What is the treatment?

Take your child to the doctor. Although the condition is not serious, it needs to be dealt with, as it spreads easily and is contagious.

Antibiotics will be prescribed in the form of cream/ointment or an oral antibiotic preparation. Ensure your child finishes the dose of oral antibiotics and do not use the antibiotic cream/ointment on anyone else. **Some areas may need a dressing.**

Asthma and Spacers

Do you and or your grandchildren have asthma? Do you use a spacer chamber or just pop the inhaler into your mouth and puff? You get more medication deeper into the lungs if a spacer is used. They come in two sizes: 1 large one for small children and 1 smaller one for adults. These are available free of charge from your local Doctor.

Wash well in warm soapy water, do not rinse, and let it dry on a paper towel. Then it needs to be 'primed' before use. 10 puffs of your medication

into chamber will prime it ready for use.

Only puff one lot of medication into chamber at a time then breathe 6 in and out breaths. Repeat if necessary. Rinse mouth out with water after medication to prevent oral Thrush.

Emergency Treatment

Use 2 puffs of your inhaler (one puff at a time) through your spacer and 6 breaths wait a few minutes. You can repeat this 6 times. If no improvement call an Ambulance.

No longer wheezing Grandma!

Grand's reflections...

A Grandparent Writes

I would like to let grandparents know that with lots of love and understanding your grandchildren can go a long way. My grandson is 13 and he has been playing rugby for 7 years now. He has always done well playing for the rep team for three years now plus his club team. This year he has done exceptionally well and he got most valuable player for his club. Plus, much to my delight he got into the rep team for the under 13 years and played and traveled all over the place. He got picked for the under 65 kg and went to Invercargill for 4 days playing 6 games. He also got picked to play in Wellington as well. Instead of worrying about the past (which was pretty awful) he moved forwards and all I would like to say is encourage your grandchildren to play sport. These kids need to feel good about themselves.

Proud grandmother.

My Grand-daughter

While working for an organization that delivers lunches to the elderly, I used to take my nearly 5-year-old granddaughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers and wheelchairs. One day I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered, 'The tooth fairy will never believe this!'

Aha, I Will Agree To This One!

This happened to me. - I was talking on the phone to my 10 year old grandson, and I said I was going to tell you something but I have forgotten what I was going to say.

Kurtis said, "that happens to me to Grandma, you know what I think, I think sometimes our brains are just too full"

That Easy

Together with my partner we are looking after my three grandchildren, 6, 3 and 20 months.

3-year-old is known in our family as "Mr Talk-A-Lot". He talks all the time, from the moment his feet hit the floor in the morning to bedtime (aahh blessed relief for the rest of us!) He asks a zillion question a day and often doesn't wait for the answer before he's on to the next question. He doesn't stop talking even to visit the toilet! The up-side is that I always know where he is. I just listen for the babble. We live on a farm in the foothills of Canterbury. Our garden is very large but also somewhat overgrown, so while the children have been staying with us, I have been out in the garden as often as possible. He was "helping" me the other day as I was weeding along the edge of some rocks and railway sleepers, obviously, an area that hadn't been touched for some years. As I looked in despair at all the twitch and other weeds everywhere I remarked to him that I had better ask Grand-dad to spray these weeds, to stop them springing up again. He said "Nana! Get the fly spray from the kitchen cupboard!!"



Happy Autumn!



Anti-bullying



0800 456 450



www.powertoprotect.net.nz



Give a Little to GRG

<https://www.givealittle.co.nz/org/grg>

Can we help you?

Members ONLY services are available nationwide
Caregivers Toll free helpline
0800 GRANDS (0800 472 637)
For landline caregivers only please.
New members and general information please dial ext. 1

Members' Support Manager:
Di Vivian
Auckland/free callers:
(09) 480 6530
Email Di at: office@grg.org.nz

GRG Trust NZ
PO Box 34892
Birkenhead
Auckland 0746

Suite 4 (Ground floor)
Rawene Chambers
17 Rawene Rd
Birkenhead Auckland 0626

Office Manager:
Kelly Vivian 09 418 3753
Email office2@grg.org.nz or
kelly@grg.org.nz
Chief Executive:
Kate Bundle 027 2446763
Email: kate@grg.org.nz

If you no longer wish to receive this newsletter or you have changed address please update your details by contacting Kelly at the Trust Office as this is where the total mail out membership is kept.
Moved home or planning to? Be sure to let us know.

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Member Support Manager: Di & Team (as a caregiver you are part of our team)

Heoi ano, na. *E te Atua, aroha mai..... O God shower us with love.*

Ka kite Ka Whangaia ka tupu, ka puawai - That which is nurtured, blossoms and grows

We are respectful, we listen, we learn

He rōpū manaaki, he rōpū whakarongo, he rōpū ako mātou

Please pass this on to other grandparents/kin carers you know.

GRG Trust Head Office hours are 9am – 2pm daily. (We raise grandchildren too)

We are a Charitable Trust

Advertise Your Business With GRG

Put your business in front of our 6000+ readers every month by advertising your business and services in our monthly newsletter.

Your support for GRG not only gets your business message out there but also shows that you support your local community of grandparents, whanau caregivers and the children and young people they are raising.

For more information and advertising options please contact: Kate Bundle on 027 2446763 or kate@grg.org.nz



MINISTRY OF SOCIAL
DEVELOPMENT
TE MANATŪ WHAKAHIATO ORA



Thank you to our Sponsors and Funders supporting GRG's Support Services throughout New Zealand including this newsletter



SUPPORT GROUP CONTACT NUMBERS

For the most up to date contact details please go to our website www.grg.org.nz

If you are a grandparent or whanau caregiver and need a referral to one of our Field Officers please call 0800 GRANDS (0800 472 637) or if you are in Auckland please call 09 480 6530

* Telephone Support ** Telephone Support and Meetings

Auckland: North Shore **	Diane Vivian (temp)	09 480 6530	office@grg.org.nz
Papakura/Pukekohe **	Sharon Warne	027 419 4777	warneysvision@hotmail.com
Waitakere**	Debbie Hall	09 818 7828	debron@xtra.co.nz
Waiuku	Luana Misa	021 070 8465	luanapayne@hotmail.co.nz
South Auckland**	Virginia Peebles	09 277 7514	
East Auckland/ Tamaki**	Tess Gould-Thorpe	09 535 6903	theresagouldthorpe@gmail.com
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Dargaville*	Sandy Zimmer	09 439 4420	
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Tauranga Papamoa/Mt Maunganui	Rawinia Macredie	07 562 2850	jnmacredie@kinect.co.nz
Te Kuiti **	Kay Higgins	027 430 2939	palmdrive@xtra.co.nz
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Wairarapa**	Tere Lenihan	06 379 5407	terel@swscc.org.nz
Wellington**	Cecilee Donovan	04 477 0632	cecileed@gmail.com
Whakatane**	Shirley Faulkner	07 308 8524	shirleyfaulkner@xtra.co.nz
Whangarei**	Currently Vacant		